WHITMAN-WALKER Health
we see you.

202.745.7000
whitman-walker.org

Washington, DC Domestic Violence Resources

If you are experiencing violence or feel unsafe, please know that support is available and you do not have to face this alone. If it is safe for you to do so, contact the resources below for confidential support, safety planning, shelter options, and advocacy. These are the services we turn to when people face domestic violence.

- **DC Victim Hotline (24/7)**
  - Call or text: **844-443-5732 (844-4HELPDC)**
  - Free, confidential crisis support, safety planning, shelter referrals, and connections to local services. [dcvictim.org], [ovsjg.dc.gov]
- **DC SAFE (24/7 Domestic Violence Advocacy)**
  - Access through the DC Victim Hotline: **844-443-5732**
  - Provides crisis intervention, advocacy, safety planning, and assistance with protection orders. [dcsafe.org], [dcsafe.org]
- **House of Ruth**
  - Phone: **202-667-7001**
  - Shelter, counseling, and support services for survivors and families experiencing domestic violence. [dcvictim.org], [mpdc.dc.gov]
- **My Sister's Place**
  - Phone: **202-540-1064**
  - Emergency shelter, housing support, advocacy, and counseling for survivors of domestic violence. [dcvictim.org], [mpdc.dc.gov]
- **DASH (District Alliance for Safe Housing)**
  - Phone: **202-462-3274**
  - Emergency and longer-term housing assistance for survivors of domestic violence, sexual assault, and trafficking. [dcvictim.org], [mpdc.dc.gov]
- **National Domestic Violence Hotline (24/7)**
  - Call: **800-799-7233**
  - Text: **START** to **88788**
  - Confidential support, safety planning, and connection to local resources. [mpdc.dc.gov]

Quick Safety Tips

- If possible, keep your phone charged and with you.
- Have important documents, medications, and keys accessible.
- Use a trusted friend's phone if your communications are being monitored.
- Clear browser history or use a private device if safety is a concern