This illustration serves as a tool to explore the concepts of gender and sex.

**Physical Sex**
The physical sex characteristics you are born with and develop including genitalia, body shape, voice pitch, body hair, hormones, chromosomes, etc.

- Female-ness
- Male-ness

**Gender Identity**
How you internally define your gender based on how much you align, or not, with gender norms.

- Woman-ness
- Man-ness
- Androgynous

**Sex Drive**
Sex drive, or libido, is your biological need to engage in sexual activity. Sex drive naturally varies among people and fluctuates over your lifetime.

- None
- High

**Gender Expression**
How you present your gender through actions, clothes, and demeanor, and how those presentations are interpreted based on gender norms.

- Feminine
- Masculine
- Androgyne

**Sexual Attraction**
Desire and capacity for sexual intimacy and/or physical interaction with another person. Often characterized by feelings of arousal and tension, sexual attraction describes an individual’s pattern of physical relationships, regardless of one’s gender identity or expression.

- Femininity
- Masculinity
- Androgyne

**Romantic Attraction**
Desire and capacity for emotional intimacy or interaction with another person. Often characterized by feelings of excitement and affection, romantic attraction describes an individual’s pattern of emotional and affectional relationships, regardless of one’s sexual orientation.

- Femininity
- Masculinity
- Androgyne