

## **Metro Area Support Groups/Organizations\***

### **SMYAL - Supporting & Mentoring Youth Advocates & Leaders**

[www.smyal.org](http://www.smyal.org)

Type of Organization – LGBTQ Youth Support, outreach and advocacy group.

Meeting time and location – support group meetings for trans and queer youth at 410 7<sup>th</sup> St. SE, Washington DC

Contact: 202 546 5940 x103, [supporterinfo@smyal.org](mailto:supporterinfo@smyal.org)

Mailing Address: SMYAL 410 7<sup>th</sup> St, SE, Washington, DC 20003

### **La Clinica Del Pueblo – “¡Empodérate!” Group**

[www.lcdp.org](http://www.lcdp.org)

Type of Organization: MTF transgendered support group for Spanish-speakers

Meeting time & location: Wednesdays, 5 -7pm, Location is La Clinica Del Pueblo 2831 15<sup>th</sup> St. NW, Washington, DC (no meeting fees)

Phone: 202-507-4800

Mailing Address: La Clinica Del Pueblo 2831 15<sup>th</sup> St. NW, Washington, DC 20009

### **Casa Ruby**

[www.casaruby.org](http://www.casaruby.org)

Holds various LGBTQ support groups

Meeting times may vary.

7530 Georgia Avenue NW, Washington, DC

Contact: 202-355-5155, Eve Howe – [ehowe@casaruby.org](mailto:ehowe@casaruby.org)

### **DCATS**

[www.dcats.org](http://www.dcats.org)

Type of Organization: DCATS is a social and support group for persons on the transmasculine spectrum and their significant others, family, friends and allies.

Meeting Time & Location: Meets every second Sunday of every month (may be rescheduled if conflicts with holiday) at Whitman-Walker Clinic

1525 14<sup>th</sup> St, NW Washington DC

Contact: Join listserv at [www.dcats.org](http://www.dcats.org) to contact other members for up to date information.

DCATS can also be found on Facebook.

## **Baltimore-Washington-Annapolis FTM Social Group**

Type of Organization: Social and support group for Female-to-Male Transsexuals

This group is a social group for male-identified transsexuals in the Baltimore-Washington-Annapolis area. It includes those who are not yet in outward transition but who are working towards it, those who are currently in transition, and those who are post-transition.

Meeting Time & Location: This is mainly an online support group, but may occasionally have meetings.

Please join listserv on yahoo for latest info or email: [baltwashannapguys@yahoogroups.com](mailto:baltwashannapguys@yahoogroups.com)

Contact: <https://groups.yahoo.com/neo/groups/BaltWashAnnapGuys/info> to join listserv

## **Maryland Trans\*Unity**

[www.transunity.net](http://www.transunity.net)

2 - 4 p.m. at Cedar Lane Unitarian Universalist Church,

Meeting on the 1st & 3rd Sunday of every month

Support Group For Transgender, Genderqueer, Gender Non-Conforming, And Questioning Persons. Allies And Entire Families Are Welcome To Attend

Offering a peer-facilitated support group, resources, community, and mentoring.

## **HIPS**

[www.hips.org](http://www.hips.org)

Type of Organization: Support, education and outreach group

Meeting Time & location: offering variety of support groups – contact the HIPS office below.

Drop in Center hours: 10am – 4pm, Monday - Friday

Contact: 202-232-8150 / HOTLINE: 1-800-676-HIPS

Mailing address: HIPS, P.O. Box 21394 Washington, DC 20009

## **Transgender Support Services of Us Helping Us**

[www.uhupil.org](http://www.uhupil.org)

Type of Organization: Issues and concerns include HIV/AIDS & STDs, substance abuse, homeless and incarcerated transgender persons and employment and housing discrimination. Offer case management and clinical services.

Group meets 2<sup>nd</sup> & 4<sup>th</sup> Wednesday – 6 – 8pm (Trans Dimensional Support Group)

Phone: 202-446-1100 Email: [breathlessastar@gmail.com](mailto:breathlessastar@gmail.com)

Mailing address: Us Helping Us 3636 Georgia Ave, NW Washington DC 20010

## **Metro Area Gender Identity Connection (MAGIC)**

[www.magicdc.org](http://www.magicdc.org)

Type of Organization: a support group geared primarily to the support of transsexuals in every stage of transition. The group also caters to family and friends of transsexuals looking to find out more about how they can support their loved one. The group meets on the third Friday of every month at the Falls Church Presbyterian Church, in Falls Church, VA, and also has an online forum and mailing list called MAGIC DC on Yahoo Groups

Meeting Time & location: 8pm usually the 3<sup>rd</sup> Friday of the month at the Falls Church Presbyterian Church Falls Church VA. No membership dues, but a small contribution for the meeting space is sometimes requested but not required.

Contact: [info@magicdc.org](mailto:info@magicdc.org)

## **The Northern Virginia Second Friday Peer-Led Gender Support Group**

**Second Fridays** - a peer led support group for members and friends of the Transgender and gender expansive community. In addition, meetings include a closed support group for the parents and guardians of Transgender and gender expansive children, tweens, teens, and young adults. These meetings also provide space for a concurrent closed group gathering for Transgender and gender expansive tweens and teens.

Meets the second Friday of each month.

Meetings are held at:

MCC NoVA ~ Sanctuary

10383 Democracy Lane

Fairfax, VA 22030

Contact: [2ndfridaypeergroup@gmail.com](mailto:2ndfridaypeergroup@gmail.com)

## **T-Families of PFLAG-Metro DC**

[www.pflagdc.org](http://www.pflagdc.org)

Type of Organization: Facilitated support group for parents, other family members, spouse and partners of transsexual and transgender people.

Meeting time & location: Every 3<sup>rd</sup> Sunday from 2 – 3pm at the Cedar Lane Unitarian Church, Kensington, MD. Northern VA group meets 4<sup>th</sup> Sunday of month, 3:30 – 5pm. (use contact info below for time/location information) Donations are appreciated.

Contact: Debbie Strauss at [Strauss123@verizon.net](mailto:Strauss123@verizon.net) or Margery Diamond at [margeryid@aol.com](mailto:margeryid@aol.com) (Maryland, Cedar Lane Meeting)

Libby McKnight at [libbmck@mac.com](mailto:libbmck@mac.com) (VA meeting) or the PFLAG office at 202-638-3852

Mailing Address: T-Families c/o PFLAG-Metro DC, p.o. Box 66363, WDC, 20035

## **Transgender Education Association (TGEA)**

[www.tgea.net](http://www.tgea.net)

Provides a supportive environment and day-to-day assistance for transgender individuals and their significant others, friends, family and allies (SOFFAs), helping them overcome their sense of isolation and providing educational and social opportunities.

Email: [tgea4u@yahoo.com](mailto:tgea4u@yahoo.com)

Mailing address:

TGEA P.O. Box 16036 Arlington, Virginia 22215

## **The Metro DC GLBT Community Center**

[www.thedccenter.org](http://www.thedccenter.org)

The DC Center holds various peer support groups for the transgender, gender variant & gender non-conforming community(ies). **Please visit their website for the latest listings** and information. The Center's mission is to celebrate, strengthen, and support community among the LGBT residents and organizations of Metropolitan Washington, DC.

Contact: David Mariner - [david@thedccenter.org](mailto:david@thedccenter.org)

## **HagerstownTGs.**

Attendance requires an entrance interview just for safeties sake, and can be arranged via the Yahoo group, [Http://groups.yahoo.com/HagerstownTGs](http://groups.yahoo.com/HagerstownTGs)

Members are from West Virginia, Southern PA, and of course, western Maryland. This group will table at Hagerstown Pride festival.

**\*Please contact individual organizations for confirmation of meeting times/location as these are subject to change.**