

Metro Area Support Groups*/Organizations

Sexual Minority Youth Assistance League (SMYAL)

www.smyal.org

Type of Organization – LGBTQ Youth Support, outreach and advocacy group.

Meeting time and location – support group meetings for trans and queer youth at 410 7th St. SE, Washington DC

Contact: 202 546 5940 x103

Mailing Address: SMYAL 410 7th St, SE, Washington, DC 20003

La Clinica Del Pueblo – “¡Empodérate!” Group

www.lcdp.org

Type of Organization: MTF transgendered support group for Spanish-speakers

Meeting time & location: Wednesdays, 5 -7pm, Location is La Clinica Del Pueblo 2831 15th St. NW, Washington, DC (no meeting fees)

Phone: 202-507-4800

Mailing Address: La Clinica Del Pueblo 2831 15th St. NW, Washington, DC 20009

Casa Ruby

www.casaruby.org

Holds various LGBT support groups for Latina Transwomen and others, addressing issues particular to their community. Meeting times may vary.

2822 Georgia Avenue NW, Washington, DC

Contact: Eve Howe – ehowe@casaruby.org

DCATS*

www.dcats.org

Type of Organization: DCATS is a social and support group for persons on the transmasculine spectrum and their significant others, family, friends and allies.

Meeting Time & Location: Meets every second Sunday of every month (may be rescheduled if conflicts with holiday) at Whitman-Walker Clinic

1525 14th St, NW Washington DC

*SOFFA group (periodically) meets at the same time in another room. Open to all significant others, friends, family and allies of transgender, gender-variant, gender non-conforming individuals.

Contact: Join listserv at www.dcats.org to contact other members for up to date information

Baltimore-Washington-Annapolis FTM Social Group

www.trans-man.org

Type of Organization: Social and support group for Female-to-Male Transsexuals

This group is a social group for male-identified transsexuals in the Baltimore-Washington-Annapolis area. It includes those who are not yet in outward transition but who are working towards it, those who are currently in transition, and those who are post-transition.

Meeting Time & Location: This is mainly an online support group, but may occasionally have meetings.

TBD. Please join listserv for latest info.

Contact: <https://groups.yahoo.com/neo/groups/BaltWashAnnapGuys/info> to join listserv

Maryland Trans*Unity

2 - 4 p.m. at Cedar Lane Unitarian Universalist Church,

Meeting on the 1st & 3rd Sunday of every month

Rooms 30 & 31, 9601 Cedar Lane, Bethesda, Maryland

Ten minute walk from Medical Center Metro Station

or take RideOn Bus Route 34.

Support Group For Transgender, Genderqueer, Gender Non-Conforming, And Questioning Persons. Allies And Entire Families Are Welcome To Attend

Offering a peer-facilitated support group, resources, community, and mentoring.

HIPS

www.hips.org

Type of Organization: Support, education and outreach group for transgender and other commercial sex workers

Meeting Time & location: meetings are held every 3rd Thursday of the month from 4 – 6pm.

Location is kept confidential for client privacy – contact the HIPS office below.

Contact: 202-232-8150 / HOTLINE: 1-800-676-HIPS

Mailing address: HIPS, P.O. Box 21394 Washington, DC 20009

Transgender Support Services of Us Helping Us

www.uhupil.org

Type of Organization: Issues and concerns include HIV/AIDS & STDs, substance abuse, homeless and incarcerated transgender persons and employment and housing discrimination. Offer case management and clinical services.

Group meets 2nd & 4th Wednesday – 6 – 8pm (Trans Dimensional Support Group)

Phone: 202-446-1100

Mailing address: Us Helping Us 3636 Georgia Ave, NW Washington DC 20010

Metro Area Gender Identity Connection (MAGIC)

www.magicdc.org

Type of Organization: a support group geared primarily to the support of transsexuals in every stage of transition. The group also caters to family and friends of transsexuals looking to find out more about how they can support their loved one. The group meets on the third Friday of every month at the Falls Church Presbyterian Church, in Falls Church, VA, and also has an online forum and mailing list called MAGIC DC on Yahoo Groups

Meeting Time & location: 8pm usually the 3rd Friday of the month at the Falls Church Presbyterian Church Falls Church VA. No membership dues, but a small contribution for the meeting space is sometimes requested but not required.

Contact: http://groups.yahoo.com/group/magic_dc/

The Northern Virginia Second Friday Peer-Led Gender Support Group

Meets the second Friday of each month.

Meetings are held at:

MCC NoVA ~ Sanctuary

10383 Democracy Lane

Fairfax, VA 22030

Contact: 2ndfridaypeergroup@gmail.com

T-Families of PFLAG-Metro DC

www.pflagdc.org

Type of Organization: Facilitated support group for parents, other family members, spouse and partners of transsexual and transgender people.

Meeting time & location: Every 3rd Sunday from 2 – 3pm at the Cedar Lane Unitarian Church, Kensington, MD. Also a new Northern VA group has started, 4th Sunday of month, 3:30 – 5pm. (use contact info below for time/location information) Donations are appreciated.

Contact: Debbie Strauss at Strauss123@verizon.net or Margery Diamond at margeryid@aol.com (Maryland, Cedar Lane Meeting)

Libby McKnight at libbmck@mac.com (VA meeting) or the PFLAG office at 202-638-3852

Mailing Address: T-Families c/o PFLAG-Metro DC, p.o. Box 66363, Washington, DC 20035-6363

Transgender Education Association (TGEA)

www.tgea.net

Provides a supportive environment and day-to-day assistance for transgender individuals and their significant others, friends, family and allies (SOFFAs), helping them overcome their sense of isolation and providing educational and social opportunities.

Email: tgea4u@yahoo.com

Mailing address:

TGEA P.O. Box 16036 Arlington, Virginia 22215

The Metro DC GLBT Community Center

www.thedccenter.org

The DC Center holds various peer support groups for the transgender, gender variant & gender non-conforming community(ies). **Please visit their website for the latest listings** and information. The Center's mission is to celebrate, strengthen, and support community among the LGBT residents and organizations of Metropolitan Washington, DC.

Contact: David Mariner - david@thedccenter.org

HagerstownTGs.

Attendance requires an entrance interview just for safeties sake, and can be arranged via the Yahoo group, [Http://groups.yahoo.com/HagerstownTGs](http://groups.yahoo.com/HagerstownTGs)

Members are from West Virginia, Southern PA, and of course, western Maryland. This group will table at Hagerstown Pride festival.

***Please contact individual organizations for confirmation of meeting times/location as these are subject to change.**