

VIRTUAL WORKSHOP

# FAMILIES IN **TRANSITION**

## Supporting Your Gender-Expansive Youth

'**Families in Transition**' is a 3-session workshop open to any parent, guardian or caregiver of trans, gender non-conforming or gender-expansive youth. Sessions will include education about gender identity & transition, potential challenges, family process, resources and resilience.

This group focuses on offering a safe space to give and receive nonjudgmental and caring support, to learn and discuss about gender identity and issues affecting families with transgender members, and to practice gender affirming caring skills.

### SESSION DATES

Thursday, January 14, 2021

Thursday, January 21, 2021

Thursday, January 28, 2021

### LOCATION & TIME

Virtual via Zoom

4:00 PM - 5:30 PM

The group is open to the community.  
An initial screening and orientation  
appointment is necessary for admission.  
Sessions are free of charge.

Donations are encouraged for this workshop, but not required.  
To donate visit: [whitman-walker.org/give](https://whitman-walker.org/give)

### TO LEARN MORE ABOUT THE GROUP

Contact Camille at 202-745-6182 | [cadams@whitman-walker.org](mailto:cadams@whitman-walker.org)  
or Monica at 202-745-6123 | [mfuentes@whitman-walker.org](mailto:mfuentes@whitman-walker.org)



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